

10-DAY PROGRAM



GLA GROUP TRAVEL SAMPLE ITINERARY

EXAMPLE ITINERARY ONLY: DURATION, DATES, COMMUNITY SERVICE HOURS AND LEARNING OBJECTIVES ARE CUSTOMIZABLE



PERU: Spanish Service Adventure

Your Language Skills Will Soar Where Ancient Civilization And Vibrant Modern Culture Collide.

OVERVIEW

Spanish class will never be the same! Discover Cuzco, the cultural heart of the Inca Empire, as you immerse yourself in its sights and sounds—ancient flutes, traditional clothes, and surrounding Andean peaks. Volunteer on traditional agricultural projects that benefit students in the Sacred Valley. Practice your Spanish and Quechua with friendly native speakers.

The GLA Experiential Language Curriculum™ integrates Spanish language learning into all aspects of the experience, allowing students to take away more of the culture and also leave more behind. From community service to excursions and cultural events, language is given a new context.

PROGRAM HIGHLIGHTS:

- ★ Improve your Spanish through daily language immersion and classes
- ★ Engage in agricultural projects that support a local school. Visit the sacred Incan citadel of Machu Picchu
- ★ Explore Cuzco's cobblestone streets and bustling markets
- ★ Visit the ancient Incan salt mines of Maras and the circular agricultural terraces of Moray
- ★ Meet friendly alpacas and local artisans at a nearby community cooperative

THIS ITINERARY INCLUDES

- **10 days / 9 nights of accommodation**
- 20 community service hours
- 20 language hours
- 1 free chaperone per 10 students
- 2 expert GLA staff members
- Medical & evacuation insurance
- 12-24 students (price is per student)
- Optional 2-night Extension: Rainbow Mountain, rafting, and Raqchi community visit for \$500 additional

SPOTLIGHT ON COMMUNITY SERVICE

In spite of Cuzco City's success in tourism, many of Cuzco's rural areas remain impoverished and cut off from governmental resources and assistance. Alongside your fellow volunteers, learn how a local school is building and maintaining traditional agricultural projects to honor, revitalize and reclaim Andean culture. Work on agricultural projects that improve the surrounding environment and nutrition for students. Interact with the school families you're serving and experience locals' generosity as they help you improve your Spanish and Quechua speaking skills. You may also lend a hand on other projects depending on the school's needs at the time of your program.

SAMPLE ITINERARY: DAILY BREAKDOWN

Actual schedule of activities can be tailored to your group's needs. The information detailed here is typical for what you can expect to experience; however, service work and activities vary depending upon the needs of our local community partners, various celebrations and customs, as well as the weather.



DAY 1: WELCOME TO PERU

Fly into Cuzco, the gateway to Machu Picchu and the mystical Andes. GLA staff will be at the airport waiting to greet you! We'll drive to Home Base in the Sacred Valley to meet our local staff. Get settled in and take a small walking tour of historic Pisac before our first Peruvian dinner.

DAY 2: GETTING ORIENTED & ANDEAN CEREMONY

Today marks our first full day together in Peru as a group! We'll start with a general program orientation to cover the expectations of GLA and our hosts. In the afternoon, we'll receive a guided tour around the local town, its lively artisanal market, historical ovens, Inca terraces, and colonial plazas of the famous Inca Civilization! We'll finish the day by partaking in an Andean ceremony to give thanks to Mother Earth alongside a local healer.

DAY 3: INTRO TO SPANISH & SERVICE

In the morning, we'll meet our Spanish teachers and take a language placement quiz to determine our proficiency levels. The teachers will divide the group into beginner, intermediate and advanced level classes, maintaining a 6:1 student-to-teacher ratio to provide everyone with a personalized and hands-on experience. In the afternoon, we'll visit our service site about the project we will contribute to over the next few weeks! After dinner, we'll break out into mentor groups to reflect on our day and the program ahead.





DAY 4: SPANISH, SERVICE & MARKET

Today we'll launch into Spanish classes to learn some of the fundamentals of the language, per your speaking level. Visit the local produce market to try local fruits and practice your Spanish! In the afternoon, we'll be working on different conservation projects of native and organic seeds and reforestation. We will work in the organic gardens of a local school alongside school administrators, teachers, and students! In the evening, visit the Pisac local artisanal market! At the end of the day, engage in facilitated discussions with your friends about Peruvian culture and your observations from the day.



DAY 5: EXPLORING CUZCO

Get ready for a full day of adventure in the Imperial City! Explore Sacsayhuaman's colossal ruins and Cuzco's main plaza, led by a professional guide. After lunch, we will visit the world-famous San Pedro Market, where you will practice your Spanish as you negotiate for artisanal souvenirs and Peruvian snacks.



DAY 6: SERVICE, SPANISH & DANCE CLASS

In the morning, we'll engage in Spanish classes. Pay a visit with your Spanish teacher to Pisac's colonial oven to try freshly baked empanadas! We'll return to our service site in the afternoon to learn the importance of the Seeds in the Andean agriculture process! We'll work on the school's Seed Qolqa (Seed Bank). In the evening, we'll learn the traditional rhythms and steps of dances from across Peru, such as Cumbia, Marinera, and Huayno! Eat a hearty meal and get some rest before an early train to Aguas Calientes the following day.



DAY 7: MACHU PICCHU

Today is the day! We'll board an early train to Aguas Calientes, the town below Machu Picchu. Take in the majestic scenery and notice how the foliage changes to more deep greens as we descend into the Amazon cloud forest corridor! Once in Aguas Calientes, We'll take a bus to the ruins to explore the Lost City of the Incas more. Our guide will be on hand to tell you more about the fascinating history of this UNESCO World Heritage archaeological site. In the afternoon, we'll eat lunch and visit the local artisanal market before taking the train back to Ollantaytambo.



DAY 8: SPANISH, SERVICE & DEBATE

Continue with Spanish classes in the morning and service in the afternoon. These will be your final day in the classroom and in the field, so give it your all! You will participate in a reforestation campaign on the slopes of the mountains of the Sacred Valley and reflect on climate change and human actions and consequences. In the evening, engage in a facilitated debate around language preservation and reflect on your experience so far.



DAY 9: INCA CERAMIC, FINAL REFLECTION & CELEBRATION

In the morning, we'll visit a nearby village, where you will participate in an art class with a master ceramist and his family. Mold clay into a unique art piece to remind you of your time in the Andes! In the afternoon, we'll engage in some final leadership activities to reflect on our experience in Peru. Pack your bags before a final farewell celebration hosted by our Home Base family!



DAY 10: DEPARTURES

Before we know it, our Peruvian adventure has come to an end! Head to the airport today with memories that will last a lifetime. Staff will assist students with checking in and accompany the group until they have safely departed for their gate. ¡Buen Viaje!

TRAVELING TO PERU

GLA HOME BASE | Students in this program will stay at a locally-owned bed and breakfast in the Sacred Valley, where students will live in gender-segregated rooms with roommates and have access to shared bathrooms.

FOOD | Home Base staff will prepare authentic Peruvian cuisine for you to sample! In Peru, breakfast is simple and typically includes eggs, fresh rolls, and jam. Lunch and dinner contain rice, potatoes, fish, and lots of locally-grown fruit, such as cherimoya, lucuma, citrus fruits, and pineapple. *Pollo a la Brasa*, also known as Peruvian chicken, is one of the most consumed dishes in the country. Salsas, sauces, or dips are essential to Peruvian cuisine and a must on every table.

CLIMATE | The climate in the mountainous Cuzco region is dry and sunny in the summer months; however, mornings and nights can be cold. Expect to strip down to short sleeves during the day, but wear hats, sweaters, gloves, and scarves at night! The GLA Coordination team will provide enrolled students with a list of clothing to pack specifically for this program.

FLIGHTS | Most group travel clients opt to travel together on the same flight, whether that be a group booking or individually-purchased tickets. GLA's partner travel agency, StudentUniverse, can be a helpful resource in finding and booking flights that meet the groups' budget and logistical requirements.

LEADERSHIP

Global Leadership Adventures started as an educational institute, so we continue to think and act like educators—not tour operators—as we deliver life-changing programs. We intentionally weave a leadership curriculum into the daily experience on our programs. Through group discussion, meaningful service, workshops, speakers and excursions, staff guide students to reflect on program events through the lens of leadership, and celebrate outstanding examples of leaders they encounter in the local community. Lending this context to the experience creates opportunities for students to dig deep into their vision, purpose and knowledge of themselves and the world.

ABOUT GLOBAL LEADERSHIP ADVENTURES

Global Leadership Adventures was founded in 2003 by Fred Swaniker, a native of Ghana, TED Fellow and educational entrepreneur whose work has been praised by Barack Obama. Born as a global extension of the revolutionary African Leadership Academy, Global Leadership Adventures now operates programs centered around leadership, sustainable community service

projects, and meaningful travel across Africa, Asia, Europe or the Americas. Through life-changing adventures, we strive to inspire the next generation to realize their potential to transform the world and their role in it.

OUR EXPECTATIONS

Be present

Our mission at GLA is “to inspire the next generation to realize their potential to transform the world and their role in it.” To that end, we expect GLA students to maintain high standards of personal behavior and to be open-minded. The culture may be different, sometimes shockingly so. GLA will challenge students as they are expected to work hard and be present physically and mentally for all activities. We also ask students to take a step back from regular use of technology - particularly their smartphones - so as to maximize their engagement with the program and their fellow participants. Students may get hot, dirty and bug-bitten along the way, but their contribution can transform the community. The goal is for each student to return home having had a life-changing experience.

No tolerance

GLA has a no-tolerance policy towards drugs, alcohol, tobacco and disruptive behavior. Those who violate or are suspected of violating this policy will be immediately dismissed from the program at the sole discretion of GLA staff.

Community-Led experiences

GLA makes every effort to offer thoughtfully crafted programs for teens and young adults. Detailed planning and exhaustive communications with partners are indispensable parts of our program development process. However, occasionally service and activities are adjusted from session to session, due to weather, changing needs of our local community partners and/or various cultural celebrations and customs. We expect participants to be open-minded and flexible, willing to embrace the experience when plans change. GLA makes every effort to communicate adjustments to students and families with advance notice. We expect you to be open-minded and flexible.

Mentorship

GLA is not a therapy program. Our staff are highly skilled, professional, caring and fun, but they are not licensed therapists. GLA programs can be physically and emotionally demanding, and applicants should be in good physical and mental health.