

## 10-DAY PROGRAM



# GLA GROUP TRAVEL SAMPLE ITINERARY

*EXAMPLE ITINERARY ONLY: DURATION, DATES, COMMUNITY SERVICE HOURS AND LEARNING OBJECTIVES ARE CUSTOMIZABLE*



## GHANA: Children of Africa™

Beating drums, children's laughter and warm greetings welcome you to become family in the heart of West Africa.

### OVERVIEW

On this program you will step onto the flat, sandy land of Ghana and immediately hear the laughter of children everywhere. This laughter will be the soundtrack to your trip, and a source of energy as you volunteer among one of Africa's most passionate and kind communities. Ghanaians are known for their smiles, vibrancy and welcoming nature—you'll see bright colors in the land, stitched into traditional clothing and adorning your Home Base. Your presence will infuse the classroom with excitement as you inspire students toward success in school.

### THIS ITINERARY INCLUDES

- **10 days / 9 nights of accommodation**
- 20 community service hours
- 1 free chaperone per 10 students
- 2 expert GLA staff members
- Medical & evacuation insurance
- 12-24 students (price is per student)

### PROGRAM HIGHLIGHTS:

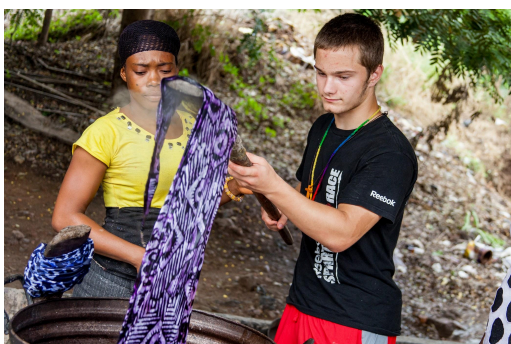
- ★ Develop educational resources that can be used to tutor school children
- ★ Help build and refurbish school facilities
- ★ Discuss current social issues facing Ghana's women and children
- ★ Hike to a beautiful waterfall
- ★ Learn traditional African dance, batik fabric dyeing, drums and percussion
- ★ Explore outdoor markets and historic sites

## SPOTLIGHT ON COMMUNITY SERVICE

Volunteer in primary schools to help improve English skills, tutor those who might be falling behind and contribute to each school's needs, including making improvements to the facilities. Split your time between teaching and campus refurbishment projects to serve every aspect of the school, and learn all about education in Ghana. Try to keep up with the children as they invite you to play soccer and schoolyard games after class!

## SAMPLE ITINERARY: DAILY BREAKDOWN

*Actual schedule of activities can be tailored to your group's needs.* The information detailed here is typical for what you can expect to experience; however, service work and activities vary depending upon the needs of our local community partners, various celebrations and customs, as well as the weather.



### DAYS 1-2: GETTING ACQUAINTED

Fly into Accra, the capital of Ghana, where you'll be met at the airport by a GLA staff member. We'll drive to the GLA Home Base, where you'll meet other students and get settled into your new home! You'll have the rest of the day to rest up, learn some of the local language (Ewe), explore the area and visit the schools where we'll complete our service.

We'll spend an afternoon with a "host family," immersing ourselves in Ghanaian culture and getting to know the members of the local community. We'll also learn about the history of Ghana and this particular community from a local leader.



### DAY 3: SERVICE ORIENTATION, VILLAGE TOUR

Service begins! Today we'll get an orientation to our community service projects before touring the local village and visiting a market. Later, opt to meet with a local seamstress to design your own clothing using traditional fabric you purchased at the market. Seeing how it turns out is part of the adventure! In the afternoon, we'll visit the park to play with the local children and we'll finish up the night preparing lesson plans for our service.



### DAY 4: SERVICE & COOKING CLASS

Each morning we'll awake early, as does the village, and spend mornings at primary schools, either teaching in the classrooms or doing physical work for school refurbishment projects. We'll return home each day for a hearty lunch and then head out to see what adventures the afternoon has in store for you: visiting the colorful markets, helping prepare a local dish at the Home Base kitchen, and more! We'll also spend time at a local park in the afternoons where you'll have a chance to play with local children in an informal setting.

### DAY 5: SERVICE & GHANAIAN DRUM & DANCE





Our service work in the classroom continues and in the afternoon we'll get to know more about Ghanaian culture through drumming and dance, watching a performance and even practicing too!

## DAY 6: SLAVERY IN OUR WORLD

Students will connect with history at the Keta Slave Fort, one of 45 slave forts built by the Europeans along the West African coast during the 1500s. Learn about modern day slavery and human trafficking as we visit a non-profit focused on providing a safe haven for children freed from slavery. Take time to reflect and process these powerful experiences. How can we make a difference?

## DAY 7: SERVICE & BATIK CLOTH MAKING

Today we'll participate in Batik cloth dyeing. Batik is a technique of wax-resistant dye applied to cloth to make a pattern or design. The technique is a culturally important part of Ghana and is commonly used for clothing and decoration. With assistance from a local artisan, you will make your own Batik cloth that you will keep.



## DAY 8: XENUI ISLAND TOUR & BASKET WEAVING

Get to know local culture and religion with a unique opportunity to integrate in local communities on a nearby island and ask questions to the village leader. Learn about local artisanry and how to make it yourself!



## DAY 9: SERVICE & FAREWELL CELEBRATION

Our final mornings will be spent with the children at the primary schools. Before we leave, we'll work hard to complete as much on our physical projects as possible for the school. Consider how these experiences these past three weeks have changed you. How will you take them with you? What action will you take when you return home? We'll say our goodbyes, of course, and have a bonfire and a farewell dinner to celebrate our accomplishments.



## DAY 10: DEPARTURE DAY

After an amazing 10 days together we'll get ready to head home and take our experiences with us! GLA staff will drive the group to the airport and make sure they're checked in for their flights. See you next time!

# TRAVELING TO GHANA

**GLA HOME BASE** | GLA operates two Home Bases for this program; both located in rural village settings outside the capital city of Accra. Home Base for this site is located in Anloga, which borders the coast. At both Home Bases, accommodations are basic, but clean and safe. Students sleep in gender-segregated rooms with roommates, and have access to shared bathrooms with cold-water showers.

**FOOD** | Ghanaian cuisine has traditional dishes from each ethnic group, tribe and clan, and GLA cooks at Home Base will provide many options for you to sample. Ghanaian staples are mostly vegetarian, including rice, beans, and fresh vegetables. We will also have fresh fish and seafood.

**CLIMATE** | As in all other parts of the country, our Home Base locations have a hot and tropical climate with moderate temperatures during the summer and cooler evenings.

**FLIGHTS** | Most group travel clients opt to travel together on the same flight, whether that be a group booking or individually-purchased tickets. GLA's partner travel agency, StudentUniverse, can be a helpful resource in finding and booking flights that meet the groups' budget and logistical requirements.

## LEADERSHIP

Global Leadership Adventures started as an educational institute, so we continue to think and act like educators—not tour operators—as we deliver life-changing programs. We intentionally weave a leadership curriculum into the daily experience on our programs. Through group discussion, meaningful service, workshops, speakers and excursions, staff guide students to reflect on program events through the lens of leadership, and celebrate outstanding examples of leaders they encounter in the local community. Lending this context to the experience creates opportunities for students to dig deep into their vision, purpose and knowledge of themselves and the world.

## ABOUT GLOBAL LEADERSHIP ADVENTURES

**Global Leadership Adventures** was founded in 2003 by Fred Swaniker, a native of Ghana, TED Fellow and educational entrepreneur whose work has been praised by Barack Obama. Born as a global extension of the revolutionary African Leadership Academy, Global Leadership Adventures now operates programs centered around leadership, sustainable community service projects, and meaningful travel across Africa, Asia, Europe or the Americas. Through life-changing adventures, we strive to inspire the next generation to realize their potential to transform the world and their role in it.

## Our Expectations

### Be present

Our mission at GLA is “to inspire the next generation to realize their potential to transform the world and their role in it.” To that end, we expect GLA students to maintain high standards of personal behavior and to be open-minded. The culture may be different, sometimes shockingly so. GLA will challenge students as they are expected to work hard and be present physically and mentally for all activities. We also ask students to take a step back from regular use of technology - particularly their smartphones - so as to maximize their engagement with the program and their fellow participants. Students may get hot, dirty and bug-bitten along the way, but their contribution can transform the community. The goal is for each student to return home having had a life-changing experience.

### No tolerance

GLA has a no-tolerance policy towards drugs, alcohol, tobacco and disruptive behavior. Those who violate or are suspected of violating this policy will be immediately dismissed from the program at the sole discretion of GLA staff.

### Community-Led experiences

GLA makes every effort to offer thoughtfully crafted programs for teens and young adults. Detailed planning and exhaustive communications with partners are indispensable parts of our program development process. However, occasionally service and activities are adjusted from session to session, due to weather, changing needs of our local community partners and/or various cultural celebrations and customs. We expect participants to be open-minded and flexible, willing to embrace the experience when plans change. GLA makes every effort to communicate adjustments to students and families with advance notice. We expect you to be open-minded and flexible.

### **Mentorship**

GLA is not a therapy program. Our staff are highly skilled, professional, caring and fun, but they are not licensed therapists. GLA programs can be physically and emotionally demanding, and applicants should be in good physical and mental health.

## **WE'RE HERE TO HELP**

### **Contact Us**

Want to learn more about Global Leadership Adventures and our available programs? Our Admissions Team has expertise and insights into our slate of program offerings, and we're happy to answer any questions you might have. We have collectively visited or staffed many of our GLA programs around the world, and we have advice to share on everything from getting your travel documents together to what a typical day on a program is like. Call us at 1-858-771-0645 any time during office hours for assistance.