

10-DAY PROGRAM



## GLA GROUP TRAVEL SAMPLE ITINERARY

*EXAMPLE ITINERARY ONLY: DURATION, DATES, COMMUNITY SERVICE HOURS AND LEARNING OBJECTIVES ARE CUSTOMIZABLE*



### EUROPE: The STEAM Experience

Embark on a cross-continent exploration of cities in Europe that are making their mark in the fields of science, technology, engineering, arts and mathematics (STEAM).

#### OVERVIEW

As we explore London, Paris and Geneva our group's love for all things STEAM (science, technology, engineering, arts and mathematics) will grow exponentially. We will see technology in action as we test robot mechanics at the London Science Museum, put modern engineering to the test as we cross the English Channel via high speed train, become entranced by the collision of art, architecture and engineering in Paris, and of course journey to the modern center for scientific research in Geneva. We will become savvy travelers as we navigate our way by train from city to city, interact with locals, and immerse ourselves in three distinct cultures. This trip is ideal for any group who wants to explore Europe while taking their STEAM knowledge to the next level.

#### PROGRAM HIGHLIGHTS:

- ★ Journey from London to Paris and Geneva via train
- ★ See the famous CERN Facility in Switzerland
- ★ Visit the iconic Eiffel Tower and Louvre Museum in Paris
- ★ Get a birds eye view as you soar over the city on the London Eye
- ★ Discover how science, technology, engineering, arts and mathematics cross cultural boundaries and borders

#### THIS ITINERARY INCLUDES

- **10 days / 9 nights of accommodation**
- 5-15 community service hours
- 1 free chaperone per 10 students
- 2 expert GLA staff members
- Medical & evacuation insurance
- 14 - 30 students (price is per student)

## OPTIONAL COMMUNITY SERVICE PROJECTS

On our programs throughout Europe, you have the option of incorporating service hours into the itinerary. Your group can choose from a variety of ongoing service projects designed by local leaders in partnership with Global Leadership Adventures. Projects could focus on community development, environmental initiatives, or social welfare projects; of course, the exact projects will vary based on the current needs of the community at the time of your visit.

GLA will provide more details about your projects closer to the date of travel; typically you will contribute to a few community-led projects over the course of a few days. This allows students to experience varied sides of community service. Your group will also participate in a post service reflection where students will discuss their participation in the project, what they learned through hands-on work in the community they are visiting, and how they can continue to foster their own leadership skills once they return home from the program.

## SAMPLE ITINERARY: DAILY BREAKDOWN

*Actual schedule of activities can be tailored to your group's needs.* The information detailed here is typical for what you can expect to experience; however, service work and activities vary depending upon the needs of our local community partners, various celebrations and customs, as well as the weather.



### DAY 1: WELCOME TO LONDON!

Touch down in London, England where GLA staff will greet you upon arrival. We'll drive to our first Home Base, located just outside the city of London. After settling in, we'll enjoy a welcome dinner together. Then, it's off to bed to get some rest before our first full day in England!

### DAY 2: EXPLORING THE CITY OF LONDON

To kick off our first full day together in Europe, our first expedition is in the historic City of London. Our group will march towards Westminster, where we'll catch the famous Changing of the Guard at Buckingham Palace. Keep an eye out for the flag atop the Palace, if it is flying, the King is home!

With Big Ben as our backdrop, our group will meander around the River Thames, take in the grandeur of Westminster Abbey and snap photos in front of the towering London Eye.

In the afternoon, we'll stand amongst locals and watch street performers, do some shopping, and enjoy sweet treats at the lovely Covent Gardens. This first day of exploration is all about getting to know the city and orienting ourselves to this new culture.







### DAY 3: FORENSIC WORKSHOP & SCIENCE MUSEUM

Get your magnifying glass and gloves out, because we're headed to a crime scene! Our forensic workshop is organized by active Scotland Yard detectives who are pros at walking us through the evidence collection and investigative process. We'll dust for fingerprints, collect DNA and try to solve a murder mystery!

After solving a crime alongside these real-life detectives, we'll traverse the city to get to the famous London Science Museum. The many interactive exhibits include the new Energy Revolution Gallery, dedicated to examining the shift in energy necessary for the world to combat climate change, and the Engineers Gallery, which shines a light on famous engineers in modern history.



### DAY 4: TOWER OF LONDON & TRAVEL DAY

It's hard to call a visit to London complete without a tour through the Tower of London led by the infamous Beefeaters. Their charm and humor is always a fan favorite as they regale our group with secrets and tales of life in London back in history.

We'll celebrate our last day in the charming city with a traditional lunch of fish and chips, with a sticky toffee pudding to cap off the meal!

Say "Ta ta for now" to London as we board a high-speed train to Paris. Our train will travel at nearly 200 miles per hour submerged underneath the English Channel, a true feat of math, technology and engineering! We'll arrive at our Home Base in Paris in the evening, just in time for dinner and an early rest.



### DAY 5: THE LOUVRE MUSEUM & EIFFEL TOWER

We'll waste no time before basking in the endless intersections of art, engineering and culture at every turn in Paris. We'll explore the city like locals by using the Metro, a vast train system that connects the city and surrounding *arrondissements* or suburbs. Our first stop is the largest art museum in the world, the Louvre Museum.

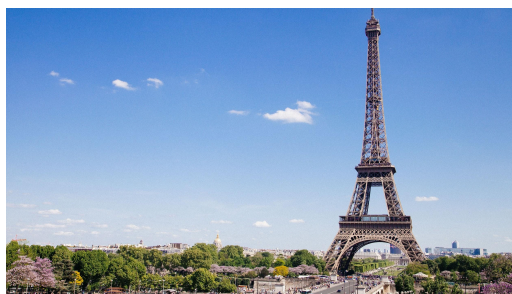
Step into the Louvre's hallowed halls, getting lost in one of the biggest art collections in the world! We'll seek out famous paintings like the *Mona Lisa* and *Liberty Leading the People*. Our exploration will continue as we stand in awe in front of the intricate statues such as *Venus de Milo* and *Winged Victory of Samothrace*.

Ascend the Eiffel Tower for a breathtaking 360 degree vista of the city for sunset. The Eiffel Tower is an incredible feat of engineering, even now, more than 130 years after its inauguration. We'll learn about the engineers who envisioned this iconic landmark and discover the secrets of how they brought it to life.



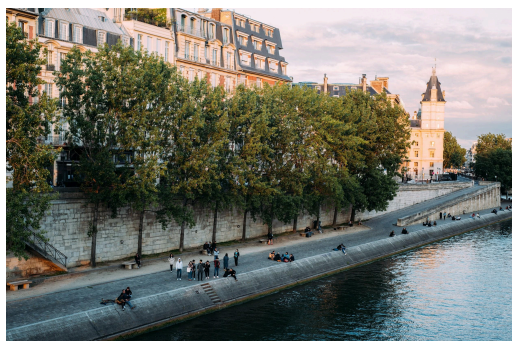
### DAY 6: CITY OF SCIENCE AND INDUSTRY & COMMUNITY SERVICE

Today, our scientific odyssey continues when we visit the largest science museum in the world. The Cité des Sciences et de L'Industrie (City of Science



and Industry) is a monumental campus, housing interactive exhibits, an aquarium, a planetarium and much more. Whether your specialty is math, engineering, chemistry or physics, you're sure to find a way to dive deeper into your discipline here.

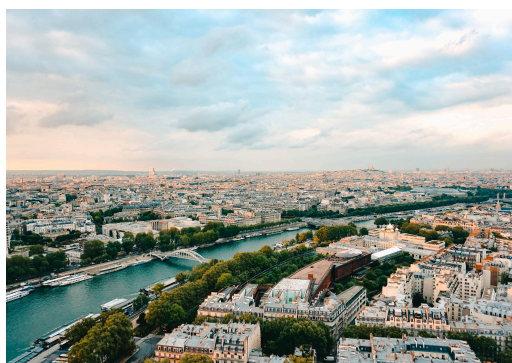
In the afternoon, we'll get the opportunity to give back to the city that is hosting us. Our service partner, Serve the City Paris, has been serving the unhoused population of Paris for years. We'll hear from people willing to share their stories of seeking refuge in Paris and the sacrifices they made to get to the city. We'll offer support to our service partner based on what needs they have when we are present. In previous years, we have organized and distributed hygiene kits, bagged lunches, and warm food to displaced individuals across the city.



## DAY 7: THE ARTISTS' NEIGHBORHOOD AND TRAVEL DAY

If you've ever wondered about how famous painters and artists fed their imaginations, look no further than the charming village of Montmartre neighborhood. We'll stroll along the streets that Picasso and van Gogh wandered through while working on some of their most famous works of art. This neighborhood is also known for its delicious *pâtisseries*, so our taste buds will thank us when we snack on croissants, cream puffs, and cookies galore!

After enjoying the morning, we'll have lunch before boarding a high-speed train that will jet through the French countryside to take us to the last stop on our itinerary: Geneva, Switzerland.



## DAY 8: OLD TOWN GENEVA & UNITED NATIONS HQ

Our first morning in Geneva affords us the opportunity to explore the Old Town. We'll see modern architecture meet historic cobblestone streets as we walk by the beautiful Flower Clock and famous Geneva Fountain.

This tremendously influential city has been the home of the United Nations since 1936. Here we will learn what it means to have "an air of peace and the winds of freedom." Our guided visit to the United Nations Palais de Nations will let us take a peek behind the curtain of one of the most important centers for diplomacy in the world.

As we appreciate the scientific breakthroughs that have been made here in Geneva, we will also take time to enrich ourselves in Swiss culture through one of the best ways we can connect with a culture, food! We will try traditional fondue and chocolate - Swiss specialties! Yum!



## DAY 9: EUROPEAN COUNCIL FOR NUCLEAR RESEARCH

Our group gets an exclusive look into one of the most famous research centers in the world. We'll dive into the fascinating Universe of Particles as we are guided through the iconic museum of the European Council for Nuclear Research (CERN) to learn more about the contemporary physics being explored at this state-of-the-art facility. This facility is world-renowned for housing the world's largest and most powerful particle accelerator.

After exploring the world of physics for the day, we'll be able to walk away





with a greater understanding of the world around us. We'll use this final day of our trip to reflect and recap our journey of discovery.

This odyssey allowed us to explore the various disciplines of science, technology, engineering, arts and mathematics. Perhaps we'll feel more excited about our scientific specialty or discover an interest we didn't have before, but either way, we've deepened our knowledge of STEAM specialties and connected with our peers in a way we never would've imagined!

## DAY 10: DEPARTURE DAY

Before we even know it, our journey traveling through some of the most influential cities in art and science comes to an end. Adieu et à la prochaine, till next time! Staff will bring the group to the airport (GVA) and bid you all farewell as you ruminate on the memories that will last a lifetime. Safe Travels!



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## TRAVEL TO EUROPE

**GLA Home Base** | Home Bases will change throughout the program. Each Home Base has been vetted by our staff to ensure their facilities and staff meet our safety standards. We typically stay outside of the city center, in quieter, more residential areas. This affords us the ability to experience different parts of the cities we visit and allows us a reprieve from the bustling city centers.

**Food** | English, French, and Swiss cuisine has traditional dishes from each region, but many students find the food to be very familiar. Some staples across each country include pasta, potatoes, stews and soups, meats, fish, vegetables and pastries. All locations can accommodate a wide variety of food allergies & dietary restrictions. Our meals will take place both at Home Base and at restaurants in the city.

**Climate** | Climate depends on what time of year you are visiting. The winter season is quite cool and the summers are very hot in London. In Paris, the winters can be cold, but not typically freezing. It tends to be more rainy in the wintertime in Paris, while the summers bring very hot temperatures and little precipitation. Geneva has a temperate climate, in which winters are quite cold, especially at night and summers are relatively warm.

**Flights** | Most group travel clients opt to travel together on the same flight, whether that be a group booking or individually-purchased tickets. GLA's partner travel agency, StudentUniverse, can be a helpful resource in finding and booking flights that meet the groups' budget and logistical requirements.

# LEADERSHIP

Global Leadership Adventures started as an educational institute, so we continue to think and act like educators—not tour operators—as we deliver life-changing programs. We intentionally weave a leadership curriculum into the daily experience on our programs. Through group discussion, meaningful service, workshops, speakers and excursions, staff guide students to reflect on program events through the lens of leadership, and celebrate outstanding examples of leaders they encounter in the local community. Lending this context to the experience creates opportunities for students to dig deep into their vision, purpose and knowledge of themselves and the world.

## ABOUT GLOBAL LEADERSHIP ADVENTURES

**Global Leadership Adventures** was founded in 2003 by Fred Swaniker, a native of Ghana, TED Fellow and educational entrepreneur whose work has been praised by Barack Obama. Born as a global extension of the revolutionary African Leadership Academy, Global Leadership Adventures now operates programs centered around leadership, sustainable community service projects, and meaningful travel across Africa, Asia, Europe or the Americas. Through life-changing adventures, we strive to inspire the next generation to realize their potential to transform the world and their role in it.

## Our Expectations

### **Be present**

Our mission at GLA is “to inspire the next generation to realize their potential to transform the world and their role in it.” To that end, we expect GLA students to maintain high standards of personal behavior and to be open-minded. The culture may be different, sometimes shockingly so. GLA will challenge students as they are expected to work hard and be present physically and mentally for all activities. We also ask students to take a step back from regular use of technology - particularly their smartphones - so as to maximize their engagement with the program and their fellow participants. Students may get hot, dirty and bug-bitten along the way, but their contribution can transform the community. The goal is for each student to return home having had a life-changing experience.

### **No tolerance**

GLA has a no-tolerance policy towards drugs, alcohol, tobacco and disruptive behavior. Those who violate or are suspected of violating this policy will be immediately dismissed from the program at the sole discretion of GLA staff.

### **Community-Led experiences**

GLA makes every effort to offer thoughtfully crafted programs for teens and young adults. Detailed planning and exhaustive communications with partners are indispensable parts of our program development process. However, occasionally service and activities are adjusted from session to session, due to weather, changing needs of our local community partners and/or various cultural celebrations and customs. We expect participants to be open-minded and flexible, willing to embrace the experience when plans change. GLA makes every effort to communicate adjustments to students and families with advance notice. We expect you to be open-minded and flexible.

### **Mentorship**

GLA is not a therapy program. Our staff are highly skilled, professional, caring and fun, but they are not licensed therapists. GLA programs can be physically and emotionally demanding, and applicants should be in good physical and mental health.