



Please see the **NOTICE ON PROGRAM UPDATES** at the bottom of this sample itinerary for details on program changes.

Please note that program activities may change in order to adhere to COVID-19 regulations.



WYOMING: Wilderness Backpacking Expedition™

Join us for a rugged two-week backpacking experience in Wyoming - a state renowned for its vast wilderness - and support efforts to build and maintain nature trails.

OVERVIEW

Get ready to work hard and play hard in the Rockies! On this program you will travel to Wyoming and have a once-in-a-lifetime experience backpacking through the great outdoors in one of America's last great wildernesses. During your two-week backpacking expedition, you'll be challenged to navigate high mountain passes, find your way forward alongside your peers through map reading and compass navigation, and spend each night in tents camping under the stars. You'll also participate in service projects such as trail building, trail maintenance, and environmental stewardship supporting a forest ranger. The goal will be to build your leadership skills during exposure to the elements in the great outdoors.

14-DAY PROGRAM

August 2 - August 15

Tuition: \$5,499
Service Hours: 40
Max Group Size: 12
Age Range: 16-19
Student-to-Staff Ratio: 5-to-1

HIGHLIGHTS

- ★ Backpack along ridges and trails as you climb mountain peaks
- ★ Camp out under the stars and the canopy of towering conifers each night
- ★ Learn the basics of wilderness hiking, including how to read a map, use a compass and Leave No Trace principles
- ★ Build and maintain trails and support stewardship projects alongside a forest ranger
- ★ Spot wild plants and animals in their natural habitats

***No passport required for U.S. citizens.**

SPOTLIGHT ON COMMUNITY SERVICE

If you're looking to combine a wilderness expedition with a backcountry service project, this course is for you! This rugged program will take you backpacking into the wilderness surrounded by towering peaks, glistening alpine lakes, and perennial snow. Along the way, you'll base camp at a remote work site, where a Forest Service ranger will lead your group in a service project. These projects might include building or repairing bridges, replacing trail signs, shoring up eroded trails, clearing brush, and cleaning up impacted campsites. Because we are in the wilderness, we will only use hand tools and our own strength to do the work as you learn the intricate details of how our public lands are managed for all to enjoy.

SAMPLE ITINERARY: DAILY BREAKDOWN

Actual schedule and order of activities will vary by program session. The information detailed here is typical for what you can expect to experience; however, service work and activities vary depending upon the needs of our local community partners, various celebrations and customs, as well as the weather and specific needs of the student group.



DAY 1: WELCOME TO WYOMING!

Touch down in the small town of Riverton, Wyoming. Staff will greet you at the airport upon arrival where you will take a shuttle to the NOLS Outfitting Camp where you will settle in for the night in open air shelters, get to know your peers through an interactive orientation.

DAY 2: GEAR UP + BEGIN YOUR ADVENTURE

The adventure starts here! Preparing for a backpacking experience into the wilderness takes careful planning and attention as you prepare to handle any situation that comes your way. Staff will support the group to learn as we prepare for the journey ahead. We will issue gear, get food rations, pack our bags and head for the mountains! This will be a fast-paced day designed to get you the gear you need for the next two weeks. We'll begin our backpacking trip and spend our first night camping in the famous Wind River Range.



DAYS 3 - 7: LEARNING TO BACKPACK

This experience is designed to teach anyone with an adventurous spirit and a willingness to learn how to properly backpack. Sounds simple, but students will learn basic camping and navigation skills. Learn to set up a tent and prepare a campfire. Pull out a map and locate yourself as we read the terrain to determine our route. Staff will teach Leave No Trace practices, an important practice for every backpacker to know and embody. Learn techniques to safely enjoy black bear and grizzly bear habitat. With each day passing, you will feel more empowered as you acquire the skills to become self sufficient in the wilderness.

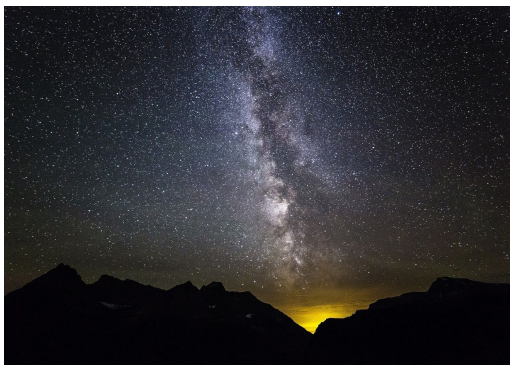


As the days pass, the group will move into more advanced topics. Say goodbye to your dependence on the internet as you learn how to properly read a compass as a navigation technique. Understand how to care for yourself in changing environments (think hot days, cold nights; rain and maybe even



snow) and basic first aid techniques that can be applied anywhere, anytime. With the curious mind, every moment is an opportunity for learning -- staff will share natural history and geology facts as we move along the valleys and ridgelines and appreciate the simple beauty of nature. Put your leadership to the test as we learn how to communicate as a team and tap into our individual thresholds. You'll have ample opportunities to put your new knowledge into practice every day and enjoy a healthy amount of challenges along the way.

DAYS 8 - 12: SERVICE PROJECTS



Now that the group has established a flow and comfort level in the wilderness, it's time to give back to the land. We will set up our camp at a single spot and settle in for the rest of the week as we tackle our service projects. Expect to put in long, hard days of work, including heavy lifting of logs and rocks as you work to clear and create trails through the wilderness. Learn how to safely use tools such as shovels, pulaskis, saws and axes -- as we do our work without use of electric or gas powered support. Your projects may not be glamorous, but they will ensure that others can adventure in the wilderness for years to come while giving you a sense of deep ownership and love for this natural land. In the evenings, we will continue cooking, camping and sharing stories over the campfire and under the stars. Engage in leadership activities in the evenings and mornings that will take you on a journey of self reflection and illuminate your values and purpose as you consider how you will take your wilderness lifestyle back home with you.



DAY 13: SERVICE WRAP UP + SHOWER

Wake up early and enjoy your last breakfast in the great outdoors before getting picked up and taken back to Lander, Wyoming for a good meal and well-deserved shower. Relax with your peers as you reflect on this shared experience and enjoy your final evening together with one last hands-on interactive leadership activity.

DAY 14: TIME TO GO HOME

After breakfast, the group will take a shuttle to the airport with staff. Staff will stay with students until they pass through security checkpoints to make sure they are safely en route home.



TRAVELING TO WYOMING

GLA HOME BASE | The majority of this program students will be camping in the wilderness. Students will be supported with the skill sets needed to properly pack their backpacks, set up their tents, and cook in the great outdoors. On the arrival and departure days, students will stay at lodging in Lander, Wyoming where they will be in basic gender segregated rooms with access to bathrooms and showers.

PACKING LIST | A detailed packing list will be provided to enrolled students. The program will supply a tent and shared items such as a cooking stove, gas, handwashing, and first aid supplies. Students will be responsible for supplying their own sleeping bags and sleeping pads, in addition to necessary personal items such as clothes and toiletries. Students can bring their own, purchase or rent all of the supplies they need to ensure they are comfortably prepared for the wilderness environment.

FOOD | Students will take turns cooking shared meals in the outdoors. Expect hearty oatmeal breakfasts cooked over a camping stove along with other Americana favorites such as pasta and pizza. Vegetarian meals are available.

CLIMATE | When living and working in the wilderness, expect any kind of weather to come your way at any time. We may see rain, hot days, cold nights and maybe even snow during your adventure. As such, we recommend you follow the packing list closely to ensure you are properly prepared. Average high temperatures between 75°F (23.8°C) and 85°F (29.4°C), while nights drop dramatically to an average of 37°F (2.7°C) to 45°F (7.2°C).

LEADERSHIP

Global Leadership Adventures started as an educational institute, so we continue to think and act like educators—not tour operators—as we deliver life-changing programs. We intentionally weave a leadership curriculum into the daily experience on our programs. Through group discussion, meaningful service, workshops, speakers and excursions, staff guide students to reflect on program events through the lens of leadership, and celebrate outstanding examples of leaders they encounter in the local community. Lending this context to the experience creates opportunities for students to dig deep into their vision, purpose and knowledge of themselves and the world.

ABOUT GLOBAL LEADERSHIP ADVENTURES

Global Leadership Adventures was founded in 2003 by Fred Swaniker, a native of Ghana, TED Fellow and educational entrepreneur whose work has been praised by Barack Obama. Born as a global extension of the revolutionary African Leadership Academy, Global Leadership Adventures now operates programs centered around leadership, sustainable community service projects, and meaningful travel across Africa, Asia, Europe or the Americas. Through life-changing adventures, we strive to inspire the next generation to realize their potential to transform the world and their role in it.

GLA HAS BEEN FEATURED IN:

The New York Times

 **USA TODAY**

 **NBC NEWS**

The Boston Globe

seventeen

NOTICE ON PROGRAM UPDATES

Every year brings new and exciting opportunities for experiences we can offer students on our programs. While this program is being planned for 2021, some activities or details may change between now and the program start date. Please note that references from past participants and previously published information may not accurately reflect every aspect of this program. Refer to the sample itinerary above or to the GLA website for the most up-to-date version of program activities, and please note that further updates may be made between now and the program start date.

POSSIBLE CHANGES TO PROGRAM ACTIVITIES DUE TO COVID-19

Due to the global pandemic caused by COVID-19 outbreaks around the world, please note that program activities may change in order to accommodate COVID-19 regulations. In particular, service projects and other activities that typically involve close contact or engagement with members of the local community may be curbed, altered or skipped depending on staff evaluations on the ground and/or at the discretion of our Executive Director and Director of Program Operations & Risk Management. Every effort will be made to provide an exceptional experience on-location, at whatever level of community interaction is deemed safe at the time.

Our Expectations

Be present

Our mission at GLA is “to inspire the next generation to realize their potential to transform the world and their role in it.” To that end, we expect GLA students to maintain high standards of personal behavior and to be open-minded. The culture may be different, sometimes shockingly so. GLA will challenge students as they are expected to work hard and be present physically and mentally for all activities. We also ask students to take a step back from regular use of technology - particularly their smartphones - so as to maximize their engagement with the program and their fellow participants. Students may get hot, dirty and bug-bitten along the way, but their contribution can transform the community. The goal is for each student to return home having had a life-changing experience.

No tolerance

GLA has a no-tolerance policy towards drugs, alcohol, tobacco and disruptive behavior. Those who violate or are suspected of violating this policy will be immediately dismissed from the program at the sole discretion of GLA staff.

Community-Led experiences

GLA makes every effort to offer thoughtfully crafted programs for teens and young adults. Detailed planning and exhaustive communications with partners are indispensable parts of our program development process. However, occasionally service and activities are adjusted from session to session, due to weather, changing needs of our local community partners and/or various cultural celebrations and customs. We expect participants to be open-minded and flexible, willing to embrace the experience when plans change. GLA makes every effort to communicate adjustments to students and families with advance notice. We expect you to be open-minded and flexible.

Mentorship

GLA is not a therapy program. Our staff are highly skilled, professional, caring and fun, but they are not licensed therapists. GLA programs can be physically and emotionally demanding, and applicants should be in good physical and mental health.

We're Here to Help

Contact Us

Want to learn more about Global Leadership Adventures and our available programs? Our Admissions Team has expertise and insights into our slate of program offerings, and we're happy to answer any questions you might have. We have collectively visited or

staffed many of our GLA programs around the world, and we have advice to share on everything from getting your travel documents together to what a typical day on a program is like. Call us at 1-858-771-0645 any time during office hours for assistance.

Enroll Now

We encourage you to enroll on your 1st choice program as early as you can! In fact, our most popular programs fill early every year, and many students end up putting off the quick and easy application process only to end up on the waiting list. The best way to ensure that you save your spot is to place your deposit and apply early. You can easily enroll online at www.experiencegla.com/enroll.