



Please see the **NOTICE ON PROGRAM UPDATES** at the bottom of this sample itinerary for details on program changes.



## TANZANIA: Heart & Soul of Kilimanjaro

Explore the myth and magic of Tanzania, a country of abundant wildlife, diverse ethnic groups and peaceful history

### OVERVIEW

On this program you will constantly be greeted with the characteristic warmth of Tanzanians, and the raw beauty of East Africa. Animals abound, and landscapes are colorful and diverse. But more than anything else, it is the Tanzanian people who will make your visit memorable, whether you're teaching a class full of laughing, energetic children, embarking on a wild safari guided by locals or chatting with community members. Learn about the efforts of local organizations who are passionate about gender equality and committed to making education accessible to girls in the community.

### HIGHLIGHTS

- ★ Teach English in local classrooms
- ★ Volunteer on projects at a village primary school
- ★ See zebras, lions, rhinos and more on an incredible African safari
- ★ Hike to a waterfall near Mount Kilimanjaro
- ★ On the 21-day Flagship Program only, spend a day among the Maasai nomadic warrior tribe
- ★ Learn African dance, percussion and batik cloth dyeing

## PROGRAM SNAPSHOT

### 14-Day Program

June 21 - July 4, 2024

**Tuition:** \$4,899

**Service Hours:** 30

**Max Group Size:** 24

**Age Range:** 14-18

**Student to Staff**

**Ratio:** 6:1

**Airport:** Kilimanjaro  
(JRO)

### SPOTLIGHT ON COMMUNITY SERVICE

While Tanzania has achieved nearly universal access to primary education, challenges continue to bar many Tanzanian children from receiving education. No public funding past primary school, dilapidated physical infrastructure, and social perceptions that demote education's importance are all critical issues. You'll have the opportunity to address these by refurbishing school facilities and teaching English in a classroom setting. The genuine connection and impact made on these local students will last a lifetime.



# SAMPLE ITINERARY: DAILY BREAKDOWN

*Actual schedule of activities will vary by program session.* The information detailed here is typical for what you can expect to experience; however, service work and activities vary depending upon the needs of our local community partners, various celebrations and customs, as well as the weather and specific needs of the student group.



## DAYS 1-14

### DAY 1: JAMBO! LET'S GO!

Welcome to Africa! You'll fly into Kilimanjaro International Airport in Tanzania, arriving on the first day of the program. GLA staff will be waiting to greet you upon arrival! We'll drive together to Home Base, located about 60 minutes away from the airport.

After getting settled in and resting from travel, our group will get together and begin a brief orientation and team building activities. We'll take a crash course in Swahili and walk through the village to practice our new (very basic!) language skills with friendly neighbors. Start to become familiar with your new African home!



### DAY 2-3: DISCOVER YOUR COMMUNITY

Wake up to breakfast made by your Home Base staff, whom you'll become close with over the next few weeks. Today you'll spend an afternoon with a "host family" in the neighborhood, immersing yourself in Tanzanian culture as you get to know the individuals who make up the family. We'll also visit a Tanzanian marketplace, where you can purchase fabric that will be made by hand into custom clothing and bags.



### DAYS 4-8: SERVICE

Service begins! Our group will break into teams to begin work at a local school. The students here have boundless energy and a deep willingness to learn, making your job both fun... and demanding! GLA teams will rotate between different tasks, including teaching primary-level English and doing hands-on projects such as refurbishing classrooms and school walkways. In the afternoons we'll meet with inspiring leaders from the area who have established their own grassroots projects and learn about their stories and impact on the region. In the evenings, we'll have sessions on leadership, global issues discussions and free time to relax and reflect. If you're teaching, you might also use extra hours in the evening to come up with lesson plans for the students in your class.





## DAY 9-10: SAFARI

Safari weekend has arrived! We'll rise early, pick up some snacks for our journey and head out for a full-day safari drive. We'll visit fascinating cultural spots such as Ngorongoro Crater (a World Heritage Site) where you can spot lions, elephants, zebras, and buffalo! In the afternoon, we'll head back to Home Base for dinner.



## DAYS 11-12: COMMUNITY & Mt. KILIMANJARO

In the afternoons, we'll dive deeper into Tanzanian culture: Visit an organic coffee plantation and learn, from start to finish, how coffee is harvested and produced on small-scale farms. Evenings will feature guest speakers, who will discuss topics such as gender roles, public health, education and more.

Spend the day hiking near the base of Mount Kilimanjaro, the world's highest free-standing mountain. It may stand on the equator, but with its magnificent elevation, the summit is snow-covered all year. During the hike, we'll stop at cascading waterfalls. At the entrance of Kilimanjaro park, wish trekkers at a main trailhead good luck and fair weather as they begin their expeditions to the peak.



## DAYS 13: CELEBRATION

For students on the 14-Day Program, the time is here to finish up community service projects and say goodbye to our new Tanzanian friends. Celebrate the impact you've achieved, lessons learned and friendships forged with a special farewell dinner and bonfire at Home Base.

Fourteen-day students who purchased fabrics earlier in the program will get their tailored clothing back from the seamstress and have a chance to get their hair traditionally braided prior to departure.



## DAY 14: DEPARTURE

Sadly, it's time to say goodbye! GLA staff will drive students to the airport and help students check into their flights and see them off for the journey home. Students on the 21-day program will continue service at the school today.

## 21 DAY PROGRAM ONLY

### DAYS 15-21 (21-DAY PROGRAM ONLY)

#### DAYS 15-17 SERVICE IN ARUSHA

We'll have another several days to fully develop our community service projects at local schools in the city of Arusha, getting to know a school that has programs and boarding school for students with different needs. We'll reflect in Mentor groups on your experiences, with peers who have now become lifelong friends.

#### DAY 18: MEET THE MAASAI

Today we'll travel to a rural Maasai community to meet people from this nomadic culture. This is a community whose traditions, beliefs and routines have changed little since the dawn of history.

We'll go for a walk through the area, respectfully observing daily life and learning how the tribe sustains its traditional lifestyle. Throughout the day, we'll watch traditional dance, visit a family home (also known as a boma), milk a goat, witness a traditional ceremony, and even learn to throw spears with the Maasai warriors!

#### DAYS 19-20: EXPLORATION AND CELEBRATION

In the afternoons we'll get the chance to explore sites and markets in the city of Arusha including the World Heritage Site that features art from all over Africa and is frequented by renowned Jane Goodall, exhibiting her work. We'll have a celebratory dinner on our final evening in Tanzania. Students who purchased fabrics earlier in the program will get their tailored clothing back from the seamstress and have a chance to get their hair traditionally braided prior to departure.

#### DAY 21: DEPARTURE

Sadly, today your Tanzania adventure must come to an end. After completing the program, it's time to exchange goodbyes and see-you-laters with your peers and staff. GLA staff will drive you to the airport, help you check in for your flight and see you off for your journey home.



## NOTICE ON PROGRAM UPDATES

Every year brings new and exciting opportunities for experiences we can offer students on our programs. While this program is being planned for 2024, some activities or details may change between now and the program start date. Please note that references from past participants and previously published information may not accurately reflect every aspect of this program. Refer to the sample itinerary above or to the GLA website for the most up-to-date version of program activities, and please note that further updates may be made between now and the program start date.

## TRAVELING TO TANZANIA

**GLA HOME BASE** | GLA operates one Home Base in Tanzania, which is located an hour from the Kilimanjaro airport in small villages. Accommodations are basic, but clean and safe. All students sleep in gender-segregated rooms with roommates, and have access to shared bathrooms with cold-water showers.

**FOOD** | Delicious Tanzanian meals will be served at Home Base, consisting mainly of meats, fruits, vegetables, rice, beans and ugali, a dough-like food staple that is typical in East Africa.

**CLIMATE** | Tanzania has a pleasant tropical climate, and during the dry season (July-October), there is virtually no rainfall. Humidity is very low. Most days have a fine, clear sky and sunny weather, with cooler nights.



## LEADERSHIP

Global Leadership Adventures started as an educational institute, so we continue to think and act like educators—not tour operators—as we deliver life-changing programs. We intentionally weave a leadership curriculum into the daily experience on our programs. Through group discussion, meaningful service, workshops, speakers and excursions, staff guide students to reflect on program events through the lens of leadership, and celebrate outstanding examples of leaders they encounter in the local community. Lending this context to the experience creates opportunities for students to dig deep into their vision, purpose and knowledge of themselves and the world.

## ABOUT GLOBAL LEADERSHIP ADVENTURES

**Global Leadership Adventures** was founded in 2003 by Fred Swaniker, a native of Ghana, TED Fellow and educational entrepreneur whose work has been praised by Barack Obama. Born as a global extension of the revolutionary African Leadership Academy, Global Leadership Adventures now operates programs centered around leadership, sustainable community service projects, and meaningful travel across Africa, Asia, Europe or the Americas. Through life-changing adventures, we strive to inspire the next generation to realize their potential to transform the world and their role in it.

GLA HAS BEEN FEATURED IN:

**The New York Times**

 **USA TODAY**

 **NBC NEWS**

**The Boston Globe**

*seventeen*

## OUR EXPECTATIONS

### **Be present**

Our mission at GLA is “to inspire the next generation to realize their potential to transform the world and their role in it.” To that end, we expect GLA students to maintain high standards of personal behavior and to be open-minded. The culture may be different, sometimes shockingly so. GLA will challenge students as they are expected to work hard and be present physically and mentally for all activities. We also ask students to take a step back from regular use of technology - particularly their smartphones - so as to maximize their engagement with the program and their fellow participants. Students may get hot, dirty and bug-bitten along the way, but their contribution can transform the community. The goal is for each student to return home having had a life-changing experience.

### **No tolerance**

GLA has a no-tolerance policy towards drugs, alcohol, tobacco and disruptive behavior. Those who violate or are suspected of violating this policy will be immediately dismissed from the program at the sole discretion of GLA staff.

### **Community-Led experiences**

GLA makes every effort to offer thoughtfully crafted programs for teens and young adults. Detailed planning and exhaustive communications with partners are indispensable parts of our program development process. However, occasionally service and activities are adjusted from session to session, due to weather, changing needs of our local community partners and/or various cultural celebrations and customs. We expect participants to be open-minded and flexible, willing to embrace the experience when plans change. GLA makes every effort to communicate adjustments to students and families with advance notice. We expect you to be open-minded and flexible.

### **Mentorship**

GLA is not a therapy program. Our staff are highly skilled, professional, caring and fun, but they are not licensed therapists. GLA programs can be physically and emotionally demanding, and applicants should be in good physical and mental health.

# WE'RE HERE TO HELP

## Contact Us

Want to learn more about Global Leadership Adventures and our available programs? Our Admissions Team has expertise and insights into our slate of program offerings, and we're happy to answer any questions you might have. We have collectively visited or staffed many of our GLA programs around the world, and we have advice to share on everything from getting your travel documents together to what a typical day on a program is like. Call us at 1-858-771-0645 any time during office hours for assistance.

## Enroll Now

We encourage you to enroll on your 1st choice program as early as you can! In fact, our most popular programs fill early every year, and many students end up putting off the quick and easy application process only to end up on the waiting list. The best way to ensure that you save your spot is to place your deposit and apply early. You can easily enroll online at [www.experiencegla.com/enroll](http://www.experiencegla.com/enroll).



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