



Please see the **NOTICE ON PROGRAM UPDATES** at the bottom of this sample itinerary for details on program changes.

Please note that program activities may change in order to adhere to potential COVID-19 regulations.



Bali: Education and Sustainability Adventure (14/21 day)

Immerse yourself in the indigenous culture of the “Island of the Gods,” and discover unexpected treasures while scuba diving in the Bali Sea.

OVERVIEW

Journey to the island of Bali, where you'll influence the youth of an indigenous culture and explore the many wonders of the “Island of the Gods.” Even more than its picturesque scenery, the Balinese people are what make this region truly beautiful. Charming and generous, local residents warmly welcome volunteers who can help fill educational gaps for their children. You'll volunteer at a local school, teaching English and bonding with the community. In the afternoons and evenings, you might hike to a waterfall, hop on a spider boat to catch the sunset, or gather around a bonfire on the beach.

HIGHLIGHTS

- ★ Teach children at local Balinese schools
- ★ Prepare ingredients for the SOS Service Food project which feeds over 300 people
- ★ Learn to scuba dive in turquoise waters
- ★ Explore the island's spiritual culture through temple visits and activities
- ★ Have dinner at the Royal Palace with the Prince of Ubud
- ★ Surf with locals in Southern Bali, a world class surf destination

21-DAY FLAGSHIP PROGRAM

July 2 - July 22, 2023

Tuition: \$5,699

Service Hours: 36

Max Group Size: 24

Age Range: 14-18

Student-to-Staff Ratio: 6-to-1

Airport: Denpasar (DPS)

14-DAY PROGRAM

June 18 - July 1, 2023

July 5- July 18, 2023

July 29 - August 11, 2023

Tuition: \$4,199

Service Hours: 24

Max Group Size: 24

Age Range: 14-18

Student-to-Staff Ratio: 6-to-1

Airport: Denpasar (DPS)

- ★ 21-Day only: Explore the Bali jungles with a Whiteriver rafting adventure
- ★ 21 Day only: Travel to Nusa Penida - world famous for its pristine beaches & coast lines!
- ★ 21 Day only: Visit Goa Giri Putri Cave - a one of a kind temple built inside a cave in a hill

SPOTLIGHT ON COMMUNITY SERVICE

Speaking English unlocks advancement opportunities for Balinese youth. In this tourist hotspot, many of the villages and impoverished communities are overlooked, and as a result, Bali's education is one area that needs attention. On this program you'll take part in a variety of service projects that contribute to sustainability projects across Bali

- Volunteer at an English camp and create unforgettable bonds with your students as you design creative lesson plans and share crucial language lessons on themes related to sustainability
- Help prepare ingredients to be distributed to a local Balinese community living near a waste collection facility
- Biorock Coral Restoration Project *(1 day)*
- 21 Day only - Monitor Bali's Endemic Bird: Jalak Starling
- 21 Day only - Assist on a local Tree Resoration Nursery project

Through community service, you'll get to know the local people and get a rare peek into the daily life of the Balinese.

DAILY BREAKDOWN

Actual schedule of activities will vary by program session. The information detailed here is typical for what you can expect to experience; however, service work and activities vary depending upon the needs of our local community partners, various celebrations and customs, as well as the weather and specific needs of the student group.



UBUD

DAY 1: WELCOME TO BALI!

Fly into Denpasar(DPS), the main gateway to Bali. GLA staff will be there waiting to greet you. Once you have your bag, there will be an arrivals area where GLA staff will greet and accompany you to our homebase in Ubud,

We'll drive an hour to Home Base in Ubud, where we'll meet fellow GLA students and get settled into our new home. Once everyone has arrived, we'll continue with orientation and your first Balinese dinner.

DAY 2: ORIENTATION & SISYA UPANAYANA (WELCOMING CEREMONY)

Om Swastiastu! In Bali, they give this greeting, which actually means, "May you be in the best of health: spiritually, physically, mentally and emotionally." Over the next few weeks. Once everyone has arrived, we'll start our programming with a blessing ceremony. Sisyas means 'students', and Upanayana means 'a ceremony to bless', a ceremony designed to give blessings for starting their study in hope that they will be ready to learn and be filled with knowledge. This ceremony will end by putting a Karawista on each participant's head as a symbol to sharpen and clear the mind for upcoming learning to be had on this program! In the afternoon, we'll go on a scavenger hunt in Ubud.



DAY 3-4: HERBAL WALK, SERVICE PREP, TOUR OF ROYAL PALACE & DINNER WITH THE PRINCE OF UBUD

After preparing for your upcoming community service projects, enjoy an incredibly unique look into Balinese culture. This is always a student favorite! Stroll through winding paths in the lush jungle and through terraced rice paddies on an herbal walk to learn about Bali's native plants and how they're used for traditional medicine, food and body care products. After a day of activities, we'll get the rare opportunity to tour the Royal Palace, and have a conversation with the Prince over traditional Balinese dinner. Prince Cok Agung is one of the young entrepreneurial Princes from *Peliatan* village who works very hard with his local community to preserve traditional Balinese customs. Listen to him talk about how tourism and other modern developments are affecting the practice of Balinese customs and culture in his village.



Catch a traditional *legong* dance by an internationally-recognized Balinese dance troupe, accompanied by a *gamelan* musical group. This is a world-renowned performance that is a must-see in Bali! Later you'll also visit a local *banjar*, or community center, to learn about traditional arts that have become famous around the world: woodcarving, offering making, gamelan making and legong dance.



DAY 5-6 - SERVICE BEGINS (FOOD & MANGROVE SUSTAINABILITY PROJECTS)!

Over the next few days, we will contribute to the ingredients and preparing of 300 nasi campur (food) to be distributed to Balinese community who live nearby the waste dumpas part of teh SOS Food Service project. Students will also learn about food waste in BaliSOS Mangrove CSR Project.

In collaboration with Rip Curl School of Surf Bali, learn about mangrove in Bali, and how waste has impacted the environment. Get into the boat to the



mangrove area, clean up while paddle boarding around the mangrove area, and get to the shore to sort and clean up the trash that you collect.

PEMUTERAN

DAY 7 - 10: CHILDREN'S EDUCATION WORKSHOPS & CULTURAL EXPLORATION

Today we head onwards to Pemuteran - a remote corner of Bali known for some of the best snorkeling and diving on the island. Today we'll begin our Children's Education workshops. We will design and deliver workshops to local school children (4th - 6th graders) on topics related to sustainability, the environment and more. This part of our service will have a lasting positive impact as awareness and education with youth is a key factor in making change in these rural communities. After a long day of service, take a refreshing dip at a rushing waterfall or feel the cool misty air near Ubud. Throughout the days, will also have some beach time on the famous coastlines to snorkel and visit two NGOs actively working on sustainability projects in the area - BioRock Coral Restoration Project & Reef Seen Turtle Hatchery!



DAY 11: DISCOVER SCUBA!

Today is the day we explore Bali from underneath the crystal blue waters! Students will learn some basic dive theory and some vital dive skills in the shallows before going on your guided underwater tour. This will be an amazing opportunity to explore Bali's stunning coral reefs. All students will need to do a swim test to participate in this activity.



Day 13: NGO VISIT, SURFING & BEACH TIME

Today we'll head south to spend the day surfing in some of the most beautiful waters in Bali. Lessons will be taught by world-class instructors in an area that is well suited for beginners. South Bali is well known for being one of the top surfing destinations in the world, so this will definitely be an adventure to remember.



(14 DAY ONLY) DAY 14: DEPARTURE

"Goodbye" doesn't exist in Indonesian, so we'll say, "See you later!" as you prepare to depart. Enjoy your last Balinese breakfast and head to the airport to begin your journey back. At the airport, GLA staff will help you check in for your flight and see you off on your trip home.

21 DAY PROGRAM ONLY

DAY 14 & 15: SERVICE CONTINUES FOR 21 DAY STUDENTS + RICE PADDIE TREKKING AND VISITING TENGAAN INDIGENOUS VILLAGE

Today we say goodbye to our friends from the 14 day program and continue on with our community service at the PKP Community Centre.



We will also explore the Bali jungle foot - go on a scenic 3 hours trek starting from a beautiful river and crossing to the jungle and ended up in a village of Native Bali or also known as Bali Aga called Tenganan. During the trek we will see a scenery of Mt Agung and wide view of a rice paddies. In the middle of the trek we will stop in a local house to enjoy the honey harvested by the local

family and trying the red tea.



DAY 16: WHITE RIVER RAFTING & COOKING CLASS

Today we'll venture into the jungle to explore the river on a whitewater rafting expedition and in the afternoon, we're invited by GLA local director to his home and family business named Ubud Cooking Class, this class lets you discover a fascinating introduction into the exotic ingredients and unique culinary heritage of Bali set in a Balinese compound house. Ubud means 'medicine'. In this class, aside from being introduced to the beauty of Balinese culture, you will also get to know some of the fresh ingredients that we can use for traditional medicine. Try your hand at cooking (and eating!) some of the most famous and delicious Balinese dishes

NUSA PENIDA

DAY 17: TRAVEL TO NUSA PENIDA

Today we'll take a short 35 minute boat ride to Nusa Penida - our final destination to explore. Here we will be engaging in service designed to help the Indonesian Government monitor the endemic bird of Bali - Jalak Bali (Leucopsar rothschild). We will also assist a Tree Restoration Nursery project in which we will fill up poly bags with soil for the nursery, assist with watering plants and taking care of the vanilla plants for the community. In the afternoons, we will snorkel in beautiful locations around Nusa Penida and watch a sunset at Green Kubu.



DAY 19: GOA GIRI PUTRI CAVE

After a morning of service, we will visit the famous Goa Giri Putri Cave Temple.

"Goa" means cave, "giri" means hill, "putri" stands for a symbol of strength, "pura" means temple. So Pura Goa Giri Putri is a very descriptive name for a unique temple built inside a cave in a hill. The entrance to the cave looked like there's no way for you to get into it, but you will! Once you get into the cave, feel the magic of the temple and experience the Balinese way of spiritual journey in this temple.



SANUR

DAY 20: SANUR ACTIVITIES

After a long few days of service, it's time to relax and unwind on one of the many beautiful beaches Bali has on offer! Today we'll head East to Sanur, where students can relax poolside or on the beach. We'll enjoy some spectacular sunset views and reflect on our leadership journey before heading back to homebase. Our final evening leadership sessions and mentor groups conclude with discussing how to integrate your learning from Bali into your life back home. Reflect on the experiences you've had and share the self-discoveries that made this trip special.

DAY 21: DEPARTURE

"Goodbye" doesn't exist in Indonesian, so we'll say, "See you later!" as you prepare to depart. Enjoy your last Balinese breakfast and head to the airport to begin your journey back. At the airport, GLA staff will help you check in for your flight and see you off on your trip home.



TRAVELING TO BALI

GLA HOME BASE | Home Base in Bali will be in Ubud at a local homestay and in beach bungalows during the excursion to Amed. These fascinating destinations have all the comforts of home, but also a distinct essence that draws people from all over the world. Students share comfortable, gender-segregated rooms with roommates, and have access to bathrooms with toilets and cold-water showers.

FOOD | Students will typically eat Balinese staple meals, including rice, rice-based noodles, chicken, fish, tempeh/tofu and vegetables. Popular traditional dishes include *Nasi Goreng* (stir-fried rice with peanuts and coconut) and *Gado Gado* (tempeh and steamed vegetables with peanut sauce). Western options will be available occasionally.

CLIMATE | Bali's climate is tropical, warm and humid all year. The central mountain area, including Ubud, is typically cooler and expects more rain than the southern coastal areas, making it quite pleasant.

LEADERSHIP

Global Leadership Adventures started as an educational institute, so we continue to think and act like educators—not tour operators—as we deliver life-changing programs. We intentionally weave a leadership curriculum into the daily experience of our programs. Through group discussion, meaningful service, workshops, speakers and excursions, staff guide students to reflect on program events through the lens of leadership, and celebrate outstanding examples of leaders they encounter in the local community. Lending this context to the experience creates development and growth opportunities for students to dig deep into their vision, purpose and knowledge of themselves and the world.

ABOUT GLOBAL LEADERSHIP ADVENTURES

Global Leadership Adventures was founded in 2003 by Fred Swaniker, a native of Ghana, TED Fellow and educational entrepreneur whose work has been praised by Barack Obama. Born as a global extension of the revolutionary African Leadership Academy, Global Leadership Adventures now operates programs centered around leadership, sustainable community service projects, and meaningful travel across Africa, Asia, Europe and Latin America. Through life-changing adventures, we strive to inspire the next generation to realize their potential to transform the world and their role in it.

GLA HAS BEEN FEATURED IN:

The New York Times

USA TODAY

NBC NEWS

The Boston Globe

seventeen

NOTICE ON PROGRAM UPDATES

Every year brings new and exciting opportunities for experiences we can offer students on our programs. While this program is being planned for this season, some activities or details may change between now and the program start date. Please note that references from past participants and previously published information may not accurately reflect every aspect of this program. Refer to the sample itinerary above or to the GLA website for the most up-to-date version of program activities, and please note that further updates may be made between now and the program start date.

POSSIBLE CHANGES TO PROGRAM ACTIVITIES DUE TO COVID-19

Due to the COVID-19 pandemic, please note that program activities may change in order to accommodate potential COVID-19 regulations. In particular, service projects and other activities that typically involve close contact or engagement with members of the local community may be curbed, altered or skipped depending on staff evaluations on the ground and/or at the discretion of our Executive Director and Director of Program Operations & Risk Management. Every effort will be made to provide an exceptional experience on-location, at whatever level of community interaction is deemed safe at the time.

Our Expectations

Be present

Our mission at GLA is “to inspire the next generation to realize their potential to transform the world and their role in it.” To that end, we expect GLA students to maintain high standards of personal behavior and to be open-minded. The culture will be different, sometimes shockingly so. GLA will challenge students as they are expected to work hard and be present physically and mentally for all activities. We also ask students to take a step back from regular use of technology - particularly their smartphones - so as to maximize their engagement with the program and their fellow participants. Students will get hot, dirty and bug-bitten along the way, but their contribution will transform the community. The goal is for each student to return home with a life-changing experience.

No tolerance

GLA has a no-tolerance policy towards drugs, alcohol, tobacco and disruptive behavior. Those who violate or are suspected of violating this policy will be immediately dismissed from the program at the sole discretion of GLA staff.

Community-led experiences

GLA makes every effort to offer well-thought-out programs crafted for high school students. Detailed planning and exhaustive communications with partners are indispensable parts of our program development process. Occasionally, however, service and activities are adjusted from session to session, due to weather, changing needs of our local community partners and various cultural celebrations and customs. We expect participants to be open-minded and flexible, willing to embrace the experience when plans change. GLA makes every effort to communicate adjustments to students and families with advance notice. We expect you to be open-minded and flexible.

Mentorship

GLA is not a therapy program. Our staff are highly skilled, professional, caring and fun, but they are not licensed therapists. GLA programs can be physically and emotionally demanding, and applicants should be in good physical and mental health.

We're Here to Help

Contact Us

Want to learn more about Global Leadership Adventures and our available programs? Our team of Enrollment Specialists are experts on our programs and happy to answer your questions. They have collectively visited, staffed, or sent their own teen to every one of our programs abroad, and have unique insights to share on everything from getting your travel documents together to what a typical day on a program is like. Call us at 1-858-771-0645 any time during office hours for assistance.

Enroll Now

Now is the best time to enroll! In fact, our most popular programs fill up early every year, and many students end up on the waiting list for their 1st choice program. The best way to ensure you save your spot is to place your deposit and apply early. You can easily enroll online at www.experiencegla.com/enroll.